

## Regional Conference 2017

The inaugural Regional Conferences will be hosted by each ASA Region in June/ July 2017. These conferences are a pathway initiative, held in partnership with the Swim England Regional Swimming Associations and the England Programmes team. It is intended that these regional conferences, primarily aimed at level 2 coaches and level 2 team managers will continue to be scheduled to take place each year in June as an integral part of the ‘Regional Development Programme’.

This is an excellent opportunity for coaches and team managers to access technical and non- technical information specifically relating to age – group swimming. Attendance at the conference will allow coaches and team managers to develop a greater awareness of the critical role that they need to play in the development of our aspiring young swimmers. Delegates will have the opportunity to check and challenge their understanding with key speakers and their peers throughout the day.

Time	Coaching Conference	Team Manager Conference
<b>09:00 – 09:45</b>	<b>Registration for Regional Skills Coaches/ Regional Assistant Team Managers and briefing meeting with the Regional Head Coach/ Regional Lead Team Manager from 09:15 – 09:45</b>	
<b>09:30 – 09:45</b>	<b>Registration</b>	
<b>09:45 – 10:00</b>	<b>Welcome</b> <i>England Programmes Officer and Regional Club Development Officer</i>	
<b>10:00 – 11:00</b>	<b>Knowing me... Knowing you...</b>  Coaches and Team Managers will have the opportunity to explore and discuss the importance of effective relationships, considering strategies to successfully forge and maintain these relationships with their athletes  <i>Speaker TBC</i>	
<b>11:00 – 11:15</b>	<b>Break</b>	
<b>11:15 – 12:30</b>	<b><u>What is Talent – Part 1</u></b>  This is the first workshop in the Talent Foundation Series and is for high-performing coaches with an interest in	<b><u>Keeping the Team Together: Promoting and Enforcing Club Policies and Procedures:– Part 1</u></b>

	<p>talent development, working, or having a desire to work, with emerging athletes within the England Talent Pathway. You will explore the definition, understanding and research associated with talent in sport, discussing the implications for you and your athletes/players with coaches from other sports.</p> <p><i>Sports Coach UK and England Programmes Officer</i> <i>Supported by Regional Head Coach</i></p>	<p>The team manager has an important role in trying to maintain team cohesion. Within this session we will identify various programme policies and procedures that the team manager may be required to promote and enforce within their role. The speaker will also facilitate discussion around the rationale for these policies/ procedures being in place and the need for full team 'buy – in'. Examples may include policies outlining the use of social media, managing the competition day process (awareness of appropriate nutritional practices etc)</p> <p><i>Speaker TBC</i> <i>Supported by Regional Lead Team Manager</i></p>
<b>12:30 – 13:15</b>	<b>Lunch</b>	
<b>13:15 – 14:30</b>	<p style="text-align: center;"><b><u>What is Talent – Part 2</u></b></p> <p style="text-align: center;">Section 2 of the above</p> <p style="text-align: center;"><i>Sports Coach UK and England Programmes Officer</i> <i>Supported by Regional Head Coach</i></p>	<p style="text-align: center;"><b><u>Keeping the Team Together: Promoting and Enforcing Club Policies and Procedures – Part 2</u></b></p> <p style="text-align: center;">Section 2 of the above</p> <p style="text-align: center;"><i>Speaker TBC</i> <i>Supported by Regional Lead Team Manager</i></p>
<b>14:30 – 14:45</b>	<b>Break</b>	
<b>14:45 – 15:45</b>	<p style="text-align: center;"><b><u>Coaching Effective Starts</u></b></p> <p>The aim of this session will be to identify the fundamental components of effective starting techniques</p> <p style="text-align: center;"><i>England Programmes Officer</i> <i>Supported by Regional Head Coach</i></p>	<p style="text-align: center;"><b><u>Making Sense of Risk Assessments</u></b></p> <p>The aim of this session will be to take you step by step through the process of writing compliant risk assessments</p> <p style="text-align: center;"><i>Regional Lead Team Manager</i> <i>Supported by Swim England Regional Club Development Officer</i></p>
<b>15:45 – 16:00</b>	<b>Break</b>	
<b>16:00 – 17:00</b>	<p style="text-align: center;"><b><u>Coaching Effective Turns</u></b></p> <p>The aim of this session will be to identify the fundamental components of effective turning techniques</p> <p style="text-align: center;"><i>England Programmes Officer</i> <i>Supported by Regional Head Coach</i></p>	<p style="text-align: center;"><b><u>What If Scenarios</u></b></p> <p>Experienced Team Managers share their experiences: challenges faced, key learning and reflections for future practice in the role</p> <p style="text-align: center;"><i>Regional Lead Team Manager</i> <i>Supported by Swim England Regional Club Development Officer</i></p>

<b>17:00 – 17:15</b>	<b>Conference Close</b> <i>England Programmes Officer</i>	<b>Conference Close</b> <i>Swim England Regional Club Development Officer</i>
<b>17:15 – 17:45</b>	<b>Debrief for Regional Skills Coaches/ Regional Assistant Team Managers and briefing meeting with the Regional Head Coach/ Regional Lead Team Manager</b>	