

3K Event							
Age Group Competition							
	Competitor Number	Surname	Forename	Club	Time	Result	Middlesex
Male							
Age Group							
15							
	67	Vazirani	Rohan	Ealing	42.55.08	1	y
	65	Burton	Matthew	Ealing	45.14.05	2	y
	66	Sinko-Urbe	Abel	Hackney Aquatics	47.44.01	3	y
16							
	70	Hellewell	Tom	Greenwich Royals	44.09.88	1	
	71	Woolenden	Sam	Bexley	45.17.20	2	
	69	Collis	Henry	Bexley	45.18.78	3	
	68	Brown	Luke	Greenwich Royals	DNS		
17-18							
	72	Sinko-Urbe	Aurel	Hackney Aquatics	43.57.77	1	y
30-39							
	73	Melon	Luka	Leyton	48.26.38	1	
Age Group Competition							
Female							
Age Group							
15							
	76	Frame	Jemima	Leander	47.10.18	1	
	74	Altankhuyag	Enerel	Leander	47.10.68	2	
	75	Atkinson	Lucy	Leander	47.14.81	3	
	77	Grammatikopoulos	Sophia	Beckenham	47.15.37	4	
	78	Phillips	Nicola	Kingston Royals	49.26.70	5	
16							
	81	Hull	Jodie	Waltham Forest	43.58.59	1	
	79	Corby	Ella	South Croydon	43.58.88	2	
	83	Whittaker	Megan	Leander	44.20.10	3	
	82	Orrell	Katherine	Kingston Royals	44.22.14	4	
	80	Green	Emma	Teddington	44.29.86	5	y
30-39							
	84	Morgan	Natasha	Southwark Aquatics	53.36.05	1	
40+							
	85	Brochet	Catherine	Brompton Bees	DNS		y