

LONDON SWIMMING WOMEN'S DISABILITY SHORT COURSE RECORDS - 01.10.2005-30.11.2016					
Stroke	Class	Name	Club	Time	Date
<b>Freestyle</b>					
<b>50m</b>					
	S3	Sarah Joan Shannon	Sutton Cheam	1:37:26	16.10.2016
	S6	Rebecca Harding	Greenwich Royals	0:51:48	05:03:2016
	S7	Susannah Rodgers	Beckenham SC	0:34.00	24.11.2013
	S8	Alice Rush	BUCS	0:47:74	24.11.2013
	S9	Amy Marren	Romford Town SC	0:29.75	22.11.2014
	S10	Sophie West	Greenwich Royals	0:30.49	05.10.2014
	S13	Leanne Harvey	Enfield	0:38:57	07.03.2010
	S14	Sarah-Louise Casey	Sharks SC	0:39.32	02.11.2008
<b>100m</b>					
	S6	Lauren Sullivan	Croydon Amphibians	1:50.28	24.11.2012
	S7	Susannah Rodgers	Beckenham SC	1:11.61	23.11.2013
	S8	Alice Rush	BUSC	1:35:88	23.11.2013
	S9	Amy Marren	Romford Town SC	1:03.43	23.11.2013
	S10	Sophie West	Greenwich Royals	1:08.23	05.10.2014
	S13	Leanne Harvey	Enfield	1:28:09	06.03.2010
	S14	Sarah-Louise Casey	Sharks SC	1:28.60	14.07.2007
<b>200m</b>					
	S5	Leyla Ozan	Barnet Copthall	8:18.65	26.11.2011
	S6	Lauren Sullivan	Croydon Amphibians	3:58.00	05.10.2013
	S7	Susannah Rodgers	Beckenham SC	2:41.69	22.09.2014
	S8	Alice Rush	BUCS	3:34:98	10.07.2011
	S9	Amy Marren	Romford Town SC	2:16.41	15.02.2014
	S14	Sarah-Louise Casey	Sharks SC	3:13.13	12.07.2008
<b>400m</b>					

	S6	Lauren Sullivan	Croydon Amphibians	8:00.28	01.03.2014
	S7	Susannah Rodgers	Beckenham SC	5:19:10	08.11.2015
	S8	Alice Rush	BUCS	7:11:41	01.03.2013
	S9	Amy Marren	Romford Town SC	4:41.42	01.03.2014
	S14	Emma Warrington	Bromley SC	6:59.07	23.11.2013
800m					
	S9	Amy Marren	Romford Town	9:48.26	07.12.2014
	S14	Emma Warrington	Bromley SC	14:48.08	23.08.2015
<b>Breaststroke</b>					
50m					
	SB5	Rebecca Harding	Greenwich Royals	1:05.83	04.11.2006
	SB6	Azadeh Zahed	Kingston Royals SC	1:10.71	21.11.2009
	SB7	Leah O'Connell	Camden Swiss Cott	1:02:51	27.11.2016
	SB8	Chloe Akehurst	Sutton & Cheam	0:58:94	16.10.2016
	SB9	Amy Marren	Romford Town	0:41:52	18.01.2015
	SB13	Leanne Harvey	Enfield SC	0:44.60	06.03.2010
	SB14	Sarah Paschoud	Sharks SC	0:49.81	07.03.2009
100m					
	SB5	Rebecca Harding	Greenwich Royals	2:22.31	05.11.2006
	SB6	Charlotte Hyde	Barking & Dagenhar	2:31:79	17.09.2016
	SB7	Leah O'Connell	Camden Swiss Cott	2:18:84	16.10.2016
	SB9	Amy Marren	Romford Town SC	1:25.75	24.11.2013
	SB13	Leanne Harvey	Enfield SC	1:37.82	22.11.2009
	SB14	Emma Warrington	Bromley SC	1:47.73	05.10.2014
200m					
	SB14	Emma Warrington	Bromley SC	03:53:24	11.01.2015

Backstroke					
50m					
	S3	Sarah Joan Shannon	Sutton & Cheam	1:32:09	16.10.2016
	S5	Leyla Ozan	Barnet Cophall	1:55:65	26.11.2011
	S6	Rebecca Harding	Greenwich Royals	1:01.26	04.11.2006
	S7	Susannah Rodgers	Beckenham	0:44.66	08.12.2014
	S8	Angharad Wightwick	Barnet Cophall	0:55:05	16.10.2016
	S9	Amy Marren	Romford Town SC	0:33.82	30.03.2014
	S10	Sophie West	Greenwich Royals	0:36.28	05.10.2014
	S14	Sarah Paschoud	Sharks SC	0:48.74	27.09.2014
100m					
	S6	Rebecca Harding	Greenwich Royals	2:08.90	04.03.2007
	S7	Susannah Rodgers	Beckenham	1:24.15	26.11.2011
	S8	Alice Rush	BUCS	1:48:29	13.11.2016
	S9	Amy Marren	Romford Town SC	1:10.65	23.11.2013
	S10	Sophie West	Greenwich Royals	1:23.65	09.11.2013
	S14	Sarah Paschoud	Sharks SC	1:38.91	09.03.2013
200m					
	S9	Amy Marren	Romford Town SC	2:29.20	16.02.2014
	S14	Florence Garrett	London Disability SC	3:56:88	04.05.2013
Fly					
50m					
	S6	Rebecca Harding	Greenwich Royals	1:08.85	04.03.2006
	S7	Susannah Rodgers	Beckenham	0:37.17	23.11.2014
	S8	Alice Rush	BUCS	1:05:54	10.07.2011
	S9	Amy Marren	Romford Town	0:33.38	17.01.2015
	S10	Sophie West	Greenwich Royals	0:37.95	07.10.2014

	S14	Sarah-Louise Casey	Sharks SC	0:44.91	04.11.2007
100m					
	S8	Alice Rush	BUCS	2:36:53	02.10.2011
	S9	Amy Marren	Romford Town SC	1:10.35	16.03.2014
	S14	Sarah-Louise Casey	Sharks SC	1:42.47	03.11.2007
200m					
	S9	Amy Marren	Romford Town	2:32.23	29.03.2014
	S14	Sarah-Louise Casey	Sharks SC	3:48.89	14.07.2007
<b>IM</b>					
100m					
	SM6	Jerry-Ray Pearce	London Disability	2:10.04	01.03.2013
	SM7	Leah O'Connell	Camden Swiss	1:46:43	20.11.2016
	SM8	Alice Rush	BUCS	2:08:66	23.11.2013
	SM9	Amy Marren	Romford Town SC	1:12.91	23.11.2013
	SM10	Sophie West	Greenwich Royals	1:22.96	14.10.2014
	SM14	Sarah Paschoud	Sharks SC	1:38.38	26.11.2011
200m					
	SM6	Rebecca Harding	Greenwich Royals	4:39.02	04.11.2006
	SM7	Charlotte Hyde	Barking & Dagenhar	3:39:81	28.10.2016
	SM8	Alice Rush	BUCS	4:41:51	10.07.2011
	SM9	Amy Marren	Romford Town SC	2:32.16	30.03.2014
	SM14	Sarah Paschoud	Sharks SC	3:36.13	01.03.2015
400m					
	SM9	Amy Marren	Romford Town SC	5:12.63	16.03.2014
	SM14	Emma Warrington	Bromley SC	7:43:72	22.08.2015