

5K Event							
Competitor Number	Surname	Forename	Club	Time	Result	Middlesex	
Age Group Competition							
Male							
Age Group							
17-18							
89	Sexton	Jordan	Seabyrds	1.12.26	1	y	
88	Nurse	Kane	South Croydon	1.16.42	2		
86	Burcombe	Joshua	Barking and Dagenham	1.24.06	3		
87	Nurse	Dylan	South Croydon	DNF			
Open Competition							
Male							
40+							
90	Jones	Haydn	Farnham	1.34.59	1		
Age Group Competition							
Female							
Age Group							
17-18							
91	Brenner	Nicole	Teddington	1.11.00	1	y	
92	Fryett	Olivia	Bexley	1.29.21	2		
93	Medcalf	Erin	Greenwich Royals	1.46.13	3		
19-24							
96	Gravell	Becca	Kingston Royals	1.18.59	1		
94	Fryett	Holly	Bexley	1.22.57	2		
95	Sinha	Natasha	Beckenham	DNF			
Open Competition							
Female							
15							
97	Spriggs	Charlize	Chelmsford	1.36.51	1		