

Job Description for Regional Head Coach Open Water

Role and Expectation Outline

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| TITLE: | Regional Head Coach Open Water |
| REPORTS TO: | The Swim England London Region Open Water Chair |
| RENUMERATION: | £360 flat fee (Inclusive of travel and subsistence) |
| DURATION: | 2 camp days, pre & post camp work, 1 day regional coach conference |

PURPOSE

The overall purpose of the Regional Head Coach Open Water is to:

- Provide professional coaching related services within the context of the delivery of the Swim England London Region Open Water Development Camp (SELROWDC).
- To organise the London Region Open Water training camp on a date and at venues to be agreed with the Chairman of the Open Water Committee
- Lead on the swimmer and staff selection process
- Lead on the planning, delivery, and evaluation of the programme (2x1 camp days) and be accountable to the Regional Open Water Committee for meeting the agreed objectives within the budget allowed
- Support the Regional Open Water Chair and Committee in the planning, delivery and evaluation of the programme (2 camp days)
- Provide professional advice to coaches and athletes around training, competitions, such as; self-regulation, injuries, recovery, life style, nutrition and race preparation.
- Deliver all duties in accordance with the programme objectives and briefings.
- Deliver all required reporting after the event

LOCATION

- Various locations as required.

KEY RESPONSIBILITIES

- Liaise with Swim England Open Water Technical Lead to ensure an understanding of the aims and objectives of the camp.
- Be prepared to deliver specific and agreed parts of the camp as required which are relevant to the maturation level of selected/grouped athletes and meet appropriate programme objectives.
- Be responsible for developing and delivering the overall plan for the camp in line with the agreed Swim England criteria and objectives, Regional development plan and allocated budget
- Deliver all parts of the camp.
- Assist in the athlete race preparation and recovery which may include transponder attachments, Vaseline usage, hydration monitoring, warm up, assisting with wetsuit fitting/adjustment, basic medical assistance, etc.

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- Liaise with programme coaches regarding any issues with the swimmers, including injuries, illness.
- Provide technical assessment of athletes and give feedback to the Swim England Open Water Technical Lead.
- Be responsible for ensuring that the camp provides appropriate development opportunities for other camp staff and volunteers
- Liaise with home club coaches regarding any issues with the swimmers, including injuries, illness.
- Adhere to British swimming policy on self-management to ensure appropriate recovery is achieved.
- Make a positive contribution as required to education, land based activities, nutrition.
- Attend discussion and debate within the context of the day to ensure an opportunity for learning and development of all staff and athletes.
- Carry out athlete profiling/testing ensuring collection of required data as required.
- Feedback on any specific performance issues or injuries to the home coach.

Following Programme Activities

- Adhere to any reporting requirements set by the Swim England Regional Open Water Chair and Swim England talent coach including but not limited to submission of a report following the camp giving details of performance against objectives and budget.
- Be available to coaches who assisted in the delivery of the programme to further discuss elements of the camp as required to ensure the ongoing development of the workforce.
- Give written feed back to the home coach on each of their attending swimmers.

PERSON SPECIFICATION

- Swim England Senior Swimming Coach Certificate (UKCC/ASA Level 3 Coaching Swimming/or equivalent) preferred and/or The ASA Level 2 award in British Open Water Swimming, but Swimming Coach (UKCCASA/level 2) with proven high level of open water experience and knowledge would be considered.
- Must possess a valid DBS certificate
- Must have a good understanding of Normal operating procedures of Open Water sessions in a non-pool environment for all venues used.
- Must understand Emergency action Plans of Open Water sessions in a non-pool environment for all venues used.
- Must be able to complete Risk assessments for open water activities for swimmers training and competing in a non-pool environments including lakes, reservoirs, rivers and seas.
- The ability to set priorities and work flexibly to meet outcomes required in a dynamic environment.
- Experience of international and domestic swimming competitions and training.
- Excellent interpersonal skills (with swimmers and staff).
- High levels of motivation and dedication.